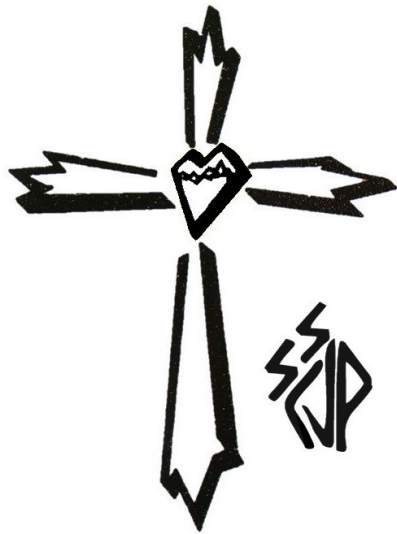




SIERVAS DEL SAGRADO CORAZÓN
DE JESÚS Y DE LOS POBRES



MY BOOK
OF PRAYERS

Prayer to live each day in the Lord	91
Prayer before meditaion	91
Prayer after meditation	92
Night prayers	92
Prayer after the examen	92
FORMATION	
Confession or Reconciliation	97
Act of Contrition	97
The Ten Commandments	98
Holy days of obligation	98
Dispositions for receiving Holy Communion	99
Precepts of the Church	99
Days of fasting	99
Days of abstinence	99
Works of mercy	100
Gifts of the Holy Spirit	100
Theological virtues	101
Cardinal Virtues	101

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SAINT JOSEPH

Novena to Saint Joseph	43
Sorrows and Joys of Saint Joseph	49
Prayer to ask for the intercession of Saint Joseph	51
Litanies to Saint Joseph	51

SAINT JOSÉ MARÍA DE YERMO Y PARRES

Novena to Saint José María de Yermo y Parres	57
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VOCATIONS

Vocational Holy hour to the Sacred Heart	67
Prayer for vocations	70
Litanies for vocations	71

MISSIONS

Missionary Rosary	75
Missionary Litanies	76
Litanies for the missionary Works of the Church	79
Prayer for Missionary Day	80

VARIOUS PRAYERS

Upon waking up	85
Ángelus	85
Regina Coeli	86
Dining Room	87
Morning prayer	87
Our Father	89
Hail Mary	89
Glory be	89
Prayer before Communion	89
Prayer after Communion	90
Prayer before class	90
Presence of God	91

SACRED HEART OF JESUS

The devotion to the Sacred Heart of Jesus has its foundation in one of Christianity's fundamental dogmas: "God's infinite love for man". Love that is demonstrated and sustained by infinite patience. Therefore, it is urgent that we root our sincere piety on faith and revelation. Then, and only then, will we be able to reach the apex of the loving secrets that the Divine Heart wishes to communicate to us.

He himself draws devotion to his loving Heart, with these magnificent promises.

PROMISES OF THE SACRED HEART OF JESUS

1. I will give them all the graces necessary for their state of life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. I will be their refuge in life and especially in death.
5. I will abundantly bless all their undertakings.
6. Sinners will find in my Heart the source and infinite source of mercy.
7. Lukewarm souls will become fervent.
8. Fervent souls will rise speedily to great perfection.
9. I will bless those places in which an image of my Sacred Heart is exposed and venerated.
10. I will give priests the power to touch the most hardened hearts.
11. Persons who propagate this devotion will have their names eternally written in my Heart.
12. In the excess of the mercy of my Heart, I promise you that my all powerful love will grant to all those who will receive Communion on the first Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my Heart will be their secure refuge in that last hour.

OFFERING OF THE APOSTOLATE OF PRAYER

All

Divine Heart of Jesus, through the Immaculate Heart of Mary, I consecrate myself to you, and in union with the Holy Sacrifice of the Mass, I offer myself to God the Father, with my prayers, works, joys and sufferings of this day, in reparation for our sins, so that your Kingdom may come, in particular for... (the two intentions recommended by our Holy Father for this month).

NOVENA OF TRUST

All

O Lord Jesus Christ, to your Most Sacred Heart I confide this intention... see it and then do as your Heart desires, let your Sacred Heart be moved, I count on you, I trust in you, I give myself to you, I am sure of you.

Presider

Our Father..., Hail Mary..., Glory be...

Repeat nine times:

V. Sacred Heart of Jesus,

R. I trust in you.

All

Most kind Jesus, you have said: "If you want to please me, trust in me, if you want to please me more, trust me more, if you want to please me immensely, trust me immensely." Help my trust, I trust immensely in you; in you, Lord, I have hoped and I will never be put to shame. Amen.

NOVENA TO THE SACRED HEART OF JESUS

Opening prayer for every day

All

Heart of Jesus, in whom the Blessed Trinity placed immense treasures of heavenly graces, grant us a heart like yours and the grace that we ask for in this novena, if it is for the greater glory of God and good of our souls. Amen.

INDEX

SACRED HEART OF JESUS

Devotion to the Sacred Heart of Jesus	3
Promises of the Sacred Heart of Jesus	3
Offering of the Apostolate of Prayer	4
Novena of Trust	4
Novena to the Sacred Heart	4
Litanies to the Sacred Heart	7
Prayers before the Blessed Sacrament	9
Divine Praises	9
The Anima Christi	10
My Good and Dear Jesus	10
Stations of the Cross	11
Brief Act of Reparation	17
Family Consecration to the Sacred Heart	18
Short Prayers to the Sacred Heart	19

BLESSED VIRGIN MARY

The Holy Rosary	23
Salve	25
Litanies to the Blessed Virgin Mary	26
The Apostles' Creed	28
Prayer to Father Yermo	28
Prayer to my Mother	28
Consecration to the Virgin Mary	29
Memorare	29
Sweet Mother	30
Blessed be your purity	30
Magnificat	30
Prayer to the Blessed Virgin Mary	30
Novena to the Immaculate Conception	31
Triduum to the Blessed Virgin of Guadalupe	37

1st DAY

Presider

Heart of Jesus, you desire ardently to convert us and dispel all aridity from our hearts, deign to consume all the imperfections from mine so that it may glow with your love; give us the grace to repair the offenses and ungratefulness against your Divine Heart.

Final prayers for every day

Presider

Our Father, Hail Mary, and Glory be.

Eternal Father, through the Heart of Jesus, my life, my truth, and my way, I present myself to your Divine Majesty; through this loving Heart, I adore you for all those who do not adore you, I love you for all those who do not love you, I recognize you for all those who willfully refuse to recognize you. Through this Divine Heart, I desire to satisfy your Majesty for all the obligations that we have to you. I offer you all the souls redeemed by the Precious Blood of your Divine Son and I humbly implore their conversion through the same Sacred Heart. I also place before you your servants (*you may add your personal intention here*) and I ask that you fill them with your Spirit. Amen.

All

Lord Jesus, as a gift of love, you have entrusted to your spouse the Church the ineffable riches of your Heart, grant that we may enrich and strengthen our souls with the heavenly graces that spring from this source. You who live and reign, one God forever and ever. Amen.

2nd DAY

Presider

Heart of Jesus, Gateway through which we come to God and God comes to us, please remain open to our desires so that we may enter through you to the Eternal Father and we may receive his blessings and graces to love and serve you. Grant us the grace

to atone for the offenses and ingratitude committed against your Divine Heart. Amen.

3rd DAY

Presider

Heart of Jesus, path to heaven and fountain of living water, grant that we may follow your example of holiness and draw from the saving waters of genuine virtue and devotion that quench the thirst of all temporal things. Grant us the grace to atone for the offenses and ingratitude committed against your Divine Heart. Amen.

4th DAY

Presider

Heart of Jesus, Mirror where all perfection is reflected, grant us the grace to contemplate you in prayer and action so that imitating your virtues, you may grant us a heart like yours. Grant us the grace to atone for the offenses and ingratitude committed against your Divine Heart. Amen.

5th DAY

Presider

Heart of Jesus by whom all actions are perfected, we offer you ours, though imperfect, so that you may transform them and make them acceptable to the Divine Majesty. Grant us the grace to atone for the offenses and ingratitude committed against your Divine Heart. Amen.

6th DAY

Presider

Heart of Jesus, holy temple of God where you draw us in, we thank you for the tranquility and joy that we find in this blessed temple of peace where we hope to rest forever. Grant us the grace to atone for the offenses and ingratitude committed against your Divine Heart. Amen.

THEOLOGICAL VIRTUES

1. **FAITH:** the theological virtue for which we believe in God and believe all that He has said and revealed to us, and that that the Holy Church proposes for our belief, because he is truth itself.
2. **HOPE:** the theological virtue by which we desire and hope the kingdom of heaven and eternal life as our happiness, placing our trust in God's promise and relying not on our own strength, but on the help of the grace of the Holy Spirit.
3. **CHARITY:** the theological virtue by which we love God above all things for his own sake, and our neighbors as ourselves for the love of God.

CARDINAL VIRTUES

1. **PRUDENCE:** disposes practical reason to discern our true good in every circumstance and to choose the right means of achieving it.
2. **JUSTICE:** the constant and firm will to give their due to God and neighbor, respecting the rights of each
3. **FORTITUDE:** ensures firmness in difficulties and constancy in the pursuit of good strengthens the resolve to resist temptations and overcome obstacles in the moral life.
4. **TEMPERANCE:** moral virtue that moderates the attraction of pleasures and provides balance in the use of created goods.

WORKS OF MERCY

Spiritual Works of Mercy

1. Counsel the doubtful
2. Instruct the ignorant
3. Admonish the sinner
4. Comfort the sorrowful
5. Forgive injuries
6. Bear wrongs patiently
7. Pray for the living and the dead

Corporal Works of Mercy

1. Feed the hungry
2. Give drink to the thirsty
3. Shelter the homeless
4. Visit the sick
5. Visit the prisoners
6. Bury the dead
7. Give alms to the poor

GIFTS OF THE HOLY SPIRIT

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

7th DAY

Presider

Heart of Jesus through whom the Father offered to always listen to our prayers, we present all our petitions to the Eternal Father through your Heart to receive the benefits that we desire. Grant us the grace to atone for the offenses and ingratitude committed against your Divine Heart. Amen.

8th DAY

Presider

Heart of Jesus, inflamed with love for all that you wish to embrace in the fire of charity, we ask for the grace to always live in your love and may the whole world burn in that fire that you brought to earth. Grant us the grace to atone for the offenses and ingratitude committed against your Divine Heart. Amen.

9th DAY

Presider

Heart of Jesus, you have endured so many sorrows and afflictions for our salvation and you have represented in the cross, the crown of thorns, and the lance, the patience and fullness of love, grant us the grace to unite ourselves to your cross and participate in your redeeming acts. Grant us the grace to atone for the offenses and ingratitude committed against your Divine Heart. Amen.

LITANIES OF THE SACRED HEART OF JESUS

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.
God the Father of heaven,
have mercy on us.
God the Son, Redeemer of the world,

God the Holy Spirit,
 Holy Trinity, one God,
 Heart of Jesus, Son of the eternal Father, *Mt 17:5*
 Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin
 Mother *Lk 1:30-35*
 Heart of Jesus, substantially united to the Word of God, *1Jn 1:1*
 Heart of Jesus, of infinite majesty, *Mt 25:31*
 Heart of Jesus, sacred temple of God, *Jn 2:19-21*
 Heart of Jesus, tabernacle of the Most High *Heb 9:11*
 Heart of Jesus, house of God and gate of heaven, *Jn 10:9*
 Heart of Jesus, burning furnace of charity *Lk 12:49*
 Heart of Jesus, abode of justice and love *1Cor 1:30*
 Heart of Jesus, full of goodness and love, *Acts 10:38*
 Heart of Jesus, abyss of all virtues, *Wis 7:22-26*
 Heart of Jesus, worthy of all praise, *Rev 5:9-13*
 Heart of Jesus, king and center of all hearts, *Jn 18:37*
 Heart of Jesus, in whom are all the treasures of wisdom and
 knowledge, *Rom 11:33*
 Heart of Jesus, in whom dwells the fullness of divinity, *Col 2:9*
 Heart of Jesus, in whom the Father was well pleased, *Mt 3:17*
 Heart of Jesus, of whose fullness we have all received, *Col 2:9-10*
 Heart of Jesus, desire of the everlasting hills, *Rev 22:16-17*
 Heart of Jesus, patient and most merciful, *Ex 34:6*
 Heart of Jesus, generous to all who turn to you, *Rom 10:12*
 Heart of Jesus, fountain of life and holiness, *Jn 7:37-39*
 Heart of Jesus, propitiation for our sins, *Col 1:12-14*
 Heart of Jesus, loaded down with opprobrium, *Lk 22:44*
 Heart of Jesus, bruised for our offenses, *Mk 14:65*
 Heart of Jesus, obedient to death, *Phil 2:8*
 Heart of Jesus, pierced with a lance, *Jn 19:34*
 Heart of Jesus, source of all consolation, *2Cor 1:3-4*
 Heart of Jesus, our life and resurrection, *Jn 11:25*
 Heart of Jesus, our peace and our reconciliation,
 Col 1:20; Eph 2:14-16
 Heart of Jesus, victim for our sins, *Is 53:4-10*

DISPOSITIONS FOR RECEIVING HOLY COMMUNION

1. Be a baptized Catholic in good standing
2. Be in a state of grace (not aware of any unconfessed mortal sins)
3. Having kept the one-hour fast from all food and drink except for medicine and water

THE PRECEPTS OF THE CHURCH

1. Attendance at Mass on Sundays and Holy Days of Obligation
2. Confession of serious sin at least once a year
3. Reception of Holy Communion at least once a year during the Easter season (ordinarily Easter Sunday through Pentecost Sunday)
4. Observance of the days of fast and abstinence
5. Providing for the needs of the Church

DAYS OF FASTING

Fasting is mandatory from 18 to 59 years of age.

1. Ash Wednesday
2. Holy Friday

DAYS OF ABSTINENCE

Abstinence is mandatory from the age of 14 years

1. Ash Wednesday
2. All Fridays of Lent
3. Holy Friday

THE TEN COMMANDMENTS

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

HOLY DAYS OF OBLIGATION

1. January 1st (Holy Mary, Mother of God)
2. January 6th (Epiphany of the Lord)
3. March 19th (Saint Joseph)
4. Solemnity of the Ascension
5. Solemnity of Corpus Christi (Body of Christ)
6. June 29th (Saints Peter and Paul)
7. August 15th (Assumption of Mary)
8. November 1st (All Saint's Day)
9. December 8th (Immaculate Conception)
10. December 25th (Christmas)

The Bishop's Conference of each country designates the holy days of obligation and can transfer some of these solemnities to the nearest Sunday.

THE HOLY MASS IS MORE A PRIVILEGE THAN AN OBLIGATION, WE NEED TO GIVE IT ITS VALUE AND PARTICIPATE IN IT FREQUENTLY!

Heart of Jesus, salvation of those who trust in you, *Mt 1:21*
Heart of Jesus, hope of those who die in you, *Tit 2:13*
Heart of Jesus, delight of all the Saints. *Jn 17:3*

Lamb of God, you take away the sins of the world,
spare us, O Lord.
Lamb of God, you take away the sins of the world,
graciously hear us, O Lord.
Lamb of God, you take away the sins of the world,
have mercy on us.

V. Jesus, meek and humble of heart,
R. Make our hearts like yours.

Presider

LET US PRAY: Almighty and Eternal God, look upon the pierced Heart of your most beloved Son and upon the praises and satisfaction which he offers you for the salvation of sinners. In your great goodness, grant us forgiveness and the graces we ask in the name of our Lord Jesus Christ, who lives and reigns with you forever and ever. Amen.

PRAYERS TO THE BLESSED SACRAMENT

THE DIVINE PRAISES

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, True God and True man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.

Blessed be the Name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most Chaste Spouse.
Blessed be God in His angels and in His saints.

V. Sacred Heart of Jesus,
R. Forgive us and be our King.

V. Holy Virgin of Guadalupe, Queen of America,
R. Save our country and conserve our faith.

THE ANIMA CHRISTI

Soul of Christ, sanctify us.
Body of Christ, save us.
Blood of Christ, inebriate us.
Water from the side of Christ, wash us.
Passion of Christ, strengthen us.
O Good Jesus, hear us.
Within your wounds, hide us.
Never let us be separated from you.
From the malignant enemy, defend us.
At the hour death, call us.
And bid us come to you that we may praise you in the company of
your saints for all eternity. Amen.

MY GOOD AND DEAR JESUS

My good and dear Jesus, I kneel before you, asking you
most earnestly to engrave upon my heart a deep and lively faith,
hope, and charity, with true repentance for my sins, and a firm
resolve to make amends. As I reflect upon your five wounds, and
dwell upon them with deep compassion and grief, I recall, good
Jesus, the words the prophet David spoke long ago concerning
yourself: "They have pierced my hands and my feet; they have
counted all my bones!" Amen.

FORMATION

CONFESSION OR RECONCILIATION

Reconciliation is the sacrament of divine mercy. Confession
returns to us the sanctifying grace we lost because of sin and
increases it when we receive it in a state of grace.

In order to thank God for this gift, we should confess well and
frequently. It is easy to confess well, all we need is:

1. Recall the sins committed after the last confession and ask
God for forgiveness with sincere contrition.
2. Make a sincere promise to God to never sin again.
3. Say your sins to the priest and say an act of contrition.
4. Listen and receive the absolution from the priest and say
Amen.
5. Fulfill the penance that the priest gives.

ACTS OF CONTRITION

- ⇒ I confess to almighty God, and to you, my brothers and
sisters, that I have greatly sinned through my thoughts and in
my words, in what I have done, and in what I have failed to
do; through my fault, through my fault, through my most
grievous fault; therefore I ask blessed Mary ever-Virgin, all
the Angels and Saints, and you, my brothers and sister, to
pray for me to the Lord our God.
- ⇒ Jesus, Son of God, have mercy on me, a sinner.
- ⇒ Jesus, my Lord and Redeemer, I am sorry for all the sins I
have committed to this day and I repent with all my heart
because I have offended a God who is all good. I firmly
resolve never to sin again and I trust that through your infinite
mercy, you will grant me pardon for my faults and lead me to
everlasting life. Amen.

STATIONS OF THE CROSS

In order to pray the Stations of the Cross one must walk and stand by each station, briefly meditating on each one the Passion of our Lord Jesus Christ. It is not mandatory to kneel in each station, nor to pray special prayers at the beginning or end of the Stations of the Cross or even after each station. Upon finishing the Stations of the Cross, it is recommended to pray one Our Father, one Hail Mary and one Glory be, for the intentions of the Pope.

PRAYER TO BEGIN THE STATIONS OF THE CROSS

My beloved Jesus, I want to walk with you and Mary the Via Dolorosa that you walked before dying on the Cross for me. I love you and it hurts me that I have offended you, since my sins were the cause of your Passion and Death.

FIRST STATION

Jesus is condemned to death

Jesus was accused of many crimes he did not commit. He did not defend himself. He knew he needed to die for our sins.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Jesus, I often get defensive when I know I did something wrong. Help me be honest. I also don't want to be a tattletale or accuse others of doing wrong. Amen.*

V. My Jesus,

R. Mercy.

SECOND STATION

Jesus accepts the Cross

The cross was big and heavy. It was hard for Jesus to carry it. Jesus carried the heavy cross without complaining once.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Sometimes schoolwork or jobs at home are hard for me and I complain. Jesus, please help me not to complain. I want to keep trying, even when I find something hard. Amen.*

V. My Jesus,
R. Mercy.

THIRD STATION

Jesus falls the first time

Jesus was already badly wounded when he fell the first time. It must have hurt very much. Jesus got up and kept on going.

V. We adore you, Oh Christ, and we praise you,
R. Because by your holy Cross you have redeemed the world.

Prayer: *When we don't succeed in school or when we lose a sports game, it can make us feel defeated. Jesus was hurt but never defeated. Jesus, I want your attitude of hope and victory even if I am not succeeding. Amen.*

V. My Jesus,
R. Mercy.

FOURTH STATION

Jesus meets his mother

Jesus knew that his mother was sad to see him suffering so much. But he was so happy she came to him. Mary loved Jesus very much.

V. We adore you, Oh Christ, and we praise you,
R. Because by your holy Cross you have redeemed the world.

Prayer: *Our parents love us very much, and sometimes we don't let them hug us and care for us because we are mad or sad or don't want them to see us in trouble. Jesus, I thank you for my parents and their love for me. Amen.*

V. My Jesus,
R. Mercy.



**I AM YOUR FRIEND,
LORD, AND WITH YOUR
GRACE, I WILL BE YOUR
FAITHFUL FRIEND FOR
ALL ETERNITY.**

FIFTH STATION

Simon helps Jesus carry his Cross

Simon didn't come to help Jesus but to see what was going on. Then he was ordered by the soldiers to carry the cross, because Jesus was having such a hard time.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Sometimes I don't want to help my friends or brothers and sisters or parents when I am told to. Jesus, help me know that when I do help others, it is like helping you. I want to be kind and helpful. Amen.*

V. My Jesus,

R. Mercy.

SIXTH STATION

Veronica wipes the face of Jesus

Veronica loved Jesus very much. When she stepped out to wipe his face, she risked getting in big trouble from the soldiers. Her love and kindness overcame her fear. Amen.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Jesus, I want to love you like Veronica. Help me to be brave and love others who are unpopular.*

V. My Jesus,

R. Mercy.

SEVENTH STATION

Jesus falls a second time

Jesus fell again because he was so weak and tired from all his wounds. He still didn't give up. He got back up and continued on.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Dear Jesus, help me to know that you are always with me to lift me to yourself and carry me through the difficult times. Teach me to give a hand to others who seem weighed down. Amen.*

V. My Jesus,
R. Mercy.

EIGHTH STATION

Jesus meets the women of Jerusalem

A lot of people were against Jesus, but a lot of people followed him. They were his faithful friends.

V. We adore you, Oh Christ, and we praise you,
R. Because by your holy Cross you have redeemed the world.

Prayer: *Dear Jesus, help me to be a faithful friend. When my friends are going through a hard time or are being made fun of, I want to help them and be a true friend. Amen.*

V. My Jesus,
R. Mercy.

NINTH STATION

Jesus falls a third time

It's unbelievable that Jesus fell again and the soldiers didn't help him. They only yelled louder for him to get up and continue on. Jesus didn't get mad at them; he forgave them.

V. We adore you, Oh Christ, and we praise you,
R. Because by your holy Cross you have redeemed the world.

Prayer: *Sometimes people say or do hurtful things to us or don't help us when we need them. Jesus, help me to forgive everyone like you did. Help me not to get angry or hold a grudge against someone who has hurt me. Amen.*

V. My Jesus,
R. Mercy.

Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. Amen

V. Saint Joseph, chaste spouse of Mary and virgin father of Jesus.
R. Pray for us now and at the hour of our death. Amen.

All: Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen

V. Sacred Heart of Jesus.
R. I trust in you.

V. Father Yermo
R. Pray for us.

V. Sacred Heart of Jesus
R. I give myself to you through Mary.

Presider: For our General Superior...
Our Father...

Reading

Daily Gospel

Brief Reflection

PRAYER AFTER THE MEDITATION

Presider: I thank you, Lord God almighty for all your benefits you who live and reign for ever and ever. Amen.

Most Holy Virgin Mary, Saint Joseph, my Guardian Angel, obtain for me the grace to put all my resolutions into practice.

NIGHT PRAYERS

All

Holy Guardian Angel, to your care I have been entrusted by Jesus in order to be witness of all my actions. Guide me to the feet of Mary, my Good Mother, and unite my prayers to hers, so that she may obtain for me the grace to recognize my faults and repent for them.

(The examen of conscience follows, it will be brief and varied covering diverse points).

PRAYER AFTER THE EXAMEN

Most holy Heart of Jesus, in order to repair my infidelities, I give you my heart and with your grace I commit to not offend you again.

All

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother. To you do I come, before you I stand, sinful and sorrowful. O Mother of the

TENTH STATION

Jesus is stripped of his clothes

To be without clothes in front of everyone is a humiliating thing. Jesus wasn't ashamed because he knew his Father in heaven loved him and everyone who was there.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Jesus, I want to know how much you and the Father love me, so I will never be embarrassed or ashamed. Help me to treat every person with dignity and respect and clothe them with love. Amen.*

V. My Jesus,

R. Mercy.

ELEVENTH STATION

Jesus is crucified

The soldiers drove nails through Jesus' hands and feet. They lifted up the cross and put it in place. Jesus was in a lot of pain.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Many people suffer pain every day from being sick, hungry, poor, and because of war or natural disasters. Jesus, please comfort everyone who is in pain today. Amen.*

V. My Jesus,

R. Mercy.

TWELFTH STATION

Jesus dies on the Cross

When Jesus died, the sky got dark and the ground started to shake. This made some people very scared. They saw that Jesus was innocent and that they had made a big mistake.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Jesus, help me to admit when I make mistakes. Help me to say I'm sorry. Thank you for always forgiving me. I love you, and I want to do the right thing. Amen.*

V. My Jesus,
R. Mercy.

THIRTEENTH STATION

Jesus' body is taken from the Cross

Joseph of Arimathea gave Jesus his own burial cave because Jesus didn't have a place to be buried. Joseph was another one of Jesus' friends who took a risk to help him.

V. We adore you, Oh Christ, and we praise you,
R. Because by your holy Cross you have redeemed the world.

Prayer: *Sometimes it is risky to step out and help people who are in need. Jesus, I want to be a risk-taker and help others. Give me love and courage. Amen.*

V. My Jesus,
R. Mercy.

FOURTEENTH STATION

Jesus is laid in the tomb

When Jesus died there was no place to rest his body. Friends placed his lifeless body in a borrowed tomb.

V. We adore you, Oh Christ, and we praise you,
R. Because by your holy Cross you have redeemed the world.
Prayer: *Jesus, even when things look very difficult and sad, help me to trust in you and know that God can bring us a new life. Amen.*

V. My Jesus,
R. Mercy.

PRESENCE OF GOD

Presider: Let us remember that we are in the holy presence of God

All: Let us adore his holy name.

PRAYER TO LIVE EACH DAY WITH THE LORD

Today I begin a new day, thank you, Lord. The sun rises on the horizon, nature praises your love.

Every day is a new beginning, every day your Spirit sustains and encourages me...

Today I will discover beautiful things that you give to me at home, at school, on the street, in love and friendship.

Today, I may find difficulties, they will help me grow and mature, the cross is the road to joy and I do not want to put it aside.

I will walk through my day with love and trust in you, trying to make this world a better place because of my positive attitude towards life so that in this way I may contribute in cleaning the evil that exists in it, imitating, Father Yermo, your faithful friend.

I will walk under the tender look of Mary, Mother of Jesus and our mother. At nightfall I will thank you for journeying with me. Amen.

PRAYER BEFORE MEDITATION

All: Lord, I believe that you are present here, even though my eyes do not see you, my faith feels you. Take the distractions away from me. Help me to understand the truths that in this meditation you want to teach me and that I may decide to put them into practice. Speak, Lord, that your servant listens.
Blessed Virgin Mary, Saint Joseph, my Guardian Angel, obtain for me the grace to hear and follow God's voice.

Communion may unite me with you. May you live in my heart always, that my soul always yearn for you.

May your grace help me to obtain eternal happiness with you in heaven.

I beg you, Lord, to cleanse my soul, so that when you come to me, it is prepared to receive you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, for ever and ever. Amen.

PRAYER AFTER COMMUNION

My Jesus, I love and adore you in my heart. Thank you for having come to me. My desire is to love and serve in this life.

My Jesus, always keep my heart pure so you can come to it every day. You have given yourself to me, deign to accept all that I have and am. My desire is to give you my heart, keep me united with you.

Deign to bless the Holy Catholic Church, our Pope, Bishops and Priests, parents and teachers, friends and enemies.

My Mother immaculate, guard my heart, deliver me from losing Jesus because of sin. Amen.

PRAYER BEFORE CLASS

Lord, we offer you the work we are going to do for your great glory and good of our souls. Amen.

Mary, throne of wisdom, obtain for me the grace to study with dedication and learn with ease, for the glory of God and good of our souls. Amen.

FIFTHTEENTH STATION

Jesus is raised from the dead

What a wonderful surprise for his friends when they saw that Jesus was alive. His body was like a new kind of body, full of light. Jesus will live forever and went with his Father to prepare a place for us in heaven.

V. We adore you, Oh Christ, and we praise you,

R. Because by your holy Cross you have redeemed the world.

Prayer: *Jesus, I believe that you died for me and rose from the dead so that I could have new life. Thank you, Jesus. Amen.*

V. My Jesus,

R. Mercy.

For the intentions of the Holy Father

Our Father, Holy Mary, Glory be.

LET US PRAY: Most merciful God, who by the death and resurrection of your Son Jesus Christ delivered and saved mankind: Grant that by faith in him who suffered on the cross we may triumph in the power of his victory; through Jesus Christ our Lord. Amen.

BRIEF ACT OF REPARATION

Lord Jesus, I adore your Divine Heart, temple of infinite love; I ask your forgiveness for the iniquities with which we have all offended you and for the ingratitude with which we correspond to your love for us. I implore that you never withdraw the treasure of your grace from us so that we may love you more and more each day and come to see and enjoy you eternally in heaven. Amen.

FAMILY CONSECRATION TO THE SACRED HEART

Most Sweet Jesus, humbly kneeling at Your feet, joyfully we renew the consecration of our family to your Divine Heart.

Be, today and always, our guide, the chief protector of our home, King and center of our hearts.

Bless our family, our home, our neighbors, our relatives, benefactors, friends and enemies.

Bless our undertakings, share in our joys, in our trials, in our hopes and our doubts in our labours and our leisure.

Give us strength, Lord, to carry our daily cross and show us how to offer all our acts uniting them with your sacrifice to the Father.

That justice, fraternity, forgiveness and mercy be present in our home and in our communities, we want to be instruments of peace and life.

That our love for your Heart, in some way offset and repair the coldness, indifference, ungratefulness, insults and lack of love of those who do not know you, despise and reject you.

Sacred Heart of Jesus, we trust in you, profound and limited trust, And we are certain that we will not be disappointed.

Deign Immaculate Heart of Mary, deign glorious saint Joseph, to be our Protector as you were to Jesus and Mary. Guardian Angels, watch over us.

I am all yours, O mother of goodness! Keep me and protect me as your child. Amen.

OUR FATHER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit as it was in the beginning, is now, and will be forever. Amen.

PRAYER BEFORE COMMUNION

My Lord and my God, I believe that your truly present in the most Blessed Sacrament.

I adore you, Jesus, my Creator, my Lord, my Redeemer.

Come dear Jesus, come to my heart, as I receive you in the Holy Eucharist. You are my God.

My Jesus, great are your miracles, your greatest miracle is giving us your Body and Blood in Holy Communion.

I thank you because you give yourself to me. That this

the light of the Holy Spirit, grant us that inspired by this same Spirit, we may judge and act with wisdom and ever rejoice in His divine consolation.

All: Amen.

Presider: O Mary conceived without sin,

All: Pray for us who have recourse to you.

All: Blessed, praised and glorified be the Holy Trinity, Father, Son and Holy Spirit, now and forever and ever. Amen.

All: My Lord and my God, I adore, believe, hope and love you . I am sorry for my sins and for offending you because you are infinitely good. I firmly resolve, with your grace, to resist all temptations, because my desire is to live in your most holy love.

I pray for the Holy Catholic Church, for our Holy Father..., for the Bishops and Priests, for my parents and teachers, my family and benefactors, government leaders, all sinners and the souls of Purgatory. Amen.

Presider: Sacred Heart of Jesus.

All: I trust in you..

Presider: Oh Mary, conceived without sin

All: Pray for us who have recourse to you.

All: Glorious Saint Joseph, help me to lead an innocent and safe life under your patronage. Watch over me now and at the hour of our death. Amen.

All: Oh my lady, O my mother! I give myself entirely to you; and on this day, as proof of my filial love, I offer you my eyes, my ears, my tongue and my heart; in a word, my whole being. As

SHORT PRAYERS TO THE SACRED HEART

V. Sacred Heart of Jesus,
R. I trust in you.

V. Sacred Heart of Jesus
R. I give myself to you through Mary.

V. O Sacred Heart of Jesus,
R. I implore that I may ever love you more and more.

V. Jesus, meek and humble of heart,
R. make my heart like yours

V. Sweet Heart of Jesus,
R. be my love!

V. Heart of Jesus, burning with love for me,
R. inflame my heart with love of Thee.

V. Heart of Jesus,
R. have compassion upon me!

V. Glory to the Father, and to the Son and to the Holy Spirit.
R. As it was in the beginning is now and will be forever. Amen.

Todos: Madre mía, líbrame de todo pecado.

DINING ROOM

Blessing of the food

Send your holy blessing, Lord, over this food we are going to eat and has been provided by your infinite goodness.

All:

May the King of everlasting glory make us partakers of the heavenly table. Amen.

Or:

Lord, bless this meal you have given to us through your infinite goodness, bless the hands that have prepared it; we who have bread make us hunger for you, Lord, and give bread to those who are hungry. Amen.

MORNING PRAYER

All

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Presider:

Come Holy Spirit, fill with your grace the hearts of your faithful and enkindle in them the fire of your Divine Love.

V. Send forth your Spirit, Lord, and our hearts will be recreated.

R. And you shall renew the face of the earth.

Presider:

Let us pray: O God who enlightened the hearts of your faithful with

R. That we may be worthy of the promises of Christ. Amen.

Let us pray: Pour forth, we beseech you, O Lord, your grace into our hearts: that we, to whom the incarnation of Christ, your Son, was made known by the message of an Angel, may by his passion and cross be brought to the glory of his Resurrection. Through the same Christ our Lord.

All: Amen.

V. Glory to the Father, and to the Son and to the Holy Spirit.

R. As it was in the beginning is now and will be forever. Amen.

All: My Mother, deliver us from all sin.

REGINA COELI

(It is prayed during the Easter season instead of the Ángelus)

V. Queen of heaven rejoice, alleluia,

R. For He whom you merited to bear, alleluia.

V. Has risen as He said, alleluia,

R. Pray for us to God, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia,

R. Because the Lord is truly risen, alleluia.

Let us pray: O God, You were pleased to give joy to the world through the Resurrection of your Son our Lord Jesus Christ. Grant, we beseech you, that through the mediation of the Virgin Mary, His mother, we may come to possess the joys of eternal life through the same Christ our Lord.

All: Amen.



**YOU ARE MY SWEET MOTHER
AND ALL MY HOPE**

VARIOUS PRAYERS

UPON WAKING

V. May Jesus live,
R. Forever in our hearts.

All

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

All

Dear Lord, I thank you for this new day, I adore you and I love you with all my heart. Bless my body and soul, bless my work and rest, I consecrate all to you. Keep me away from sin and all evil. Amen.

ÁNGELUS

V. The Angel of the Lord declared unto Mary
R. And she conceived by the Holy Spirit.

Hail Mary

V. Behold the handmaid of the Lord,
R. Be it done unto me according to your word.

Hail Mary

V. And the Word was made flesh,
R. And dwelled among us.

Hail Mary

V. Pray for us, Holy Mother of God,

BLESSED VIRGIN MARY

THE HOLY ROSARY

The devotion to the Blessed Virgin Mary should be filial. The love of a child towards her, who was given by Jesus to all mankind on Calvary Hill: "Behold our mother" (Jn 19:27). Even she herself said to Juan Diego on Tepeyac hill: "¿Am I not here, I, who am your mother?"

All:

Jesus, my Lord and Redeemer, I am sorry for all the sins I have committed to this day and I repent with all my heart because I have offended a God who is all good. I firmly resolve never to sin again and I trust that through your infinite mercy, you will grant me pardon for my faults and lead me to everlasting life. Amen.

V. Lord, open my lips.

R. And my mouth will proclaim your praise.

All:

Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now and will be forever. Amen.

JOYFUL MYSTERIES

(Mondays and Saturdays. Also during the Christmas Octave, the Annunciation, Visitation, and Presentation of the Child Jesus)

1st mystery: The Annunciation

2nd mystery: The Visitation

3rd mystery: The Nativity of Jesus

4th mystery: The Presentation of Jesus in the Temple

5th mystery: The Finding of Jesus in the Temple

(After each mystery)

V. Through your Immaculate Conception, Heavenly Princess,

R. Grant us a most pure heart.

SORROWFUL MYSTERIES

(Tuesdays and Fridays. Also on Wednesday and Saturday of Holy Week, Ash Wednesday and September 15th)

1st mystery: The Agony in the Garden

2nd mystery: The Scourging

3rd mystery: The Crowning with Thorns

4th mystery: The Carrying of the Cross

5th mystery: The Crucifixion

(After each mystery)

V. Mother, full of sorrows, when we expire,

R. May we deliver our souls to the Lord through you.

LUMINOUS MYSTERIES

(Thursdays)

1st mystery: The Baptism of the Lord

2nd mystery: The Wedding of Cana

3rd mystery: The Proclamation of the Kingdom

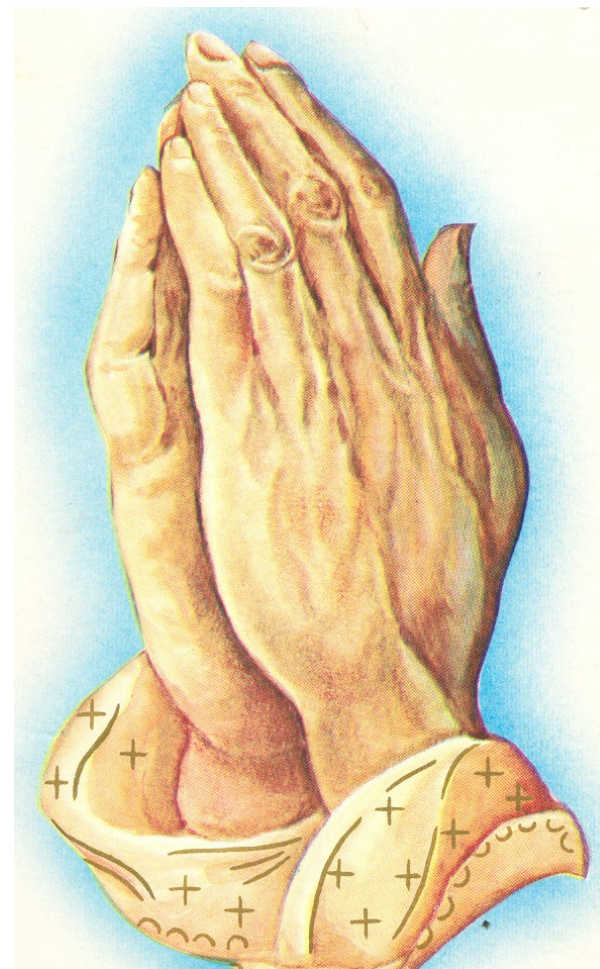
4th mystery: The Transfiguration

5th mystery: The Institution of the Eucharist

(After each mystery)

V. Most Holy Mother of Light,

R. Lead us to Jesus, true light of the world.



**PRAYER AND MORE
PRAYER, THERE LIES MY**

GLORIOUS MYSTERIES

(Wednesdays, Sundays and the Easter Octave)

1st mystery: The Resurrection of Jesus Christ

2nd mystery: The Ascension of Jesus to heaven

3rd mystery: The Descent of the Holy Spirit

4th mystery: The Assumption of the Blessed Virgin Mary

5th mystery: The Coronation of the Blessed Virgin Mary

(After each mystery)

V. Mary, Mother of grace, Mother of mercy,

R. Protect us in life and death, Heavenly Queen.

Our Father...

Hail Mary, Most Holy Daughter of God the Father, full of grace...

Hail Mary, Most Holy Mother of God the Son, full of grace...

Hail Mary, Most Holy Spouse of God the Holy Spirit, full of grace...

Hail Mary, Most Holy Temple of the Blessed Trinity, Virgin conceived in grace without original sin.

SALVE

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To you we cry, poor banished children of Eve; to you we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, Holy Mother of God,

R. That we may be worthy of the promises of Christ.

(On Sundays, first Fridays and the month of June, the Litanies to the Sacred Heart are prayed.)

LITANIES OF THE BLESSED VIRGIN MARY

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven,

have mercy on us.

God the Son, Redeemer of the world,

God the Holy Spirit.

Holy Trinity, one God.

Holy Mary,

pray for us.

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of the Church,

Mother of Mercy

Mother of divine grace,

Mother of Hope,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most amiable,

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Savior,

Virgin most prudent,

Virgin most venerable,

Virgin most renowned,

Virgin most powerful,

Virgin most merciful,

V. Pray for us, Holy Queen of the Missions,
R. That we may be worthy of the promises of Christ.

LET US PRAY

Lord you want all men to be saved and to come to the knowledge of truth, we pray that you send laborers to your harvest so that they may announce your word with apostolic zeal and your doctrine may cause all people to acknowledge you as the only true God and your Son, Jesus Christ, whom you sent. Amen.

PRAYER MISSIONARY DAY

Christ Jesus, I acknowledge you as universal King, exercise your rights over me.

I renew my baptismal promises renouncing Satan and all his works and I promise to live as a good Christian. I especially resolve to do all I can so the rights of God and the Church may triumph.

Divine Heart of Jesus, I offer my humble actions to obtain that all hearts acknowledge your Sacred Reign and in that way, the Reign of your peace will be established in the entire universe. Amen.

LET US PRAY:

Jesus Christ, Son of God, you said: "The harvest is plentiful but the laborers are few. Beg the harvest master to send out laborers to gather his harvest." We pray that you increase the number of holy missionaries who follow your footsteps and extend the boundaries of your Holy Church with apostolic zeal.

Grant them your light and grace to convert the infidels, schismatic, and heretics; may our prayers be pleasing to you and find favor with you who live and reign forever and ever. Amen.

Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Solace of Migrants,
Comforter of the afflicted,
Help of Christians,
Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of all families,
Queen of peace.

V. Lamb of God, you take away the sins of the world,
R. spare us, O Lord.

V. Lamb of God, you take away the sins of the world,
R. graciously hear us, O Lord.

V. Lamb of God, you take away the sins of the world,
R. have mercy on us.

All

Under your protection we take refuge Holy Mother of God, hear the prayers that we make to you in our needs; deliver us from all dangers glorious and Blessed Virgin. Amen.

THE APOSTLE'S CREED

Presider

Let us proclaim our faith...

All

I believe in God the Father Almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell, on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYER TO FATHER YERMO

All

God, Father Almighty, rich in mercy, you who inflamed the heart of Saint José María de Yermo y Parres, priest and founder, with an ardent love towards the poor and destitute, grant us that, imitating his example, we may discover in each brethren the face of your Son Jesus Christ, and we may serve them with evangelical love. Through Christ our Lord. Amen.

PRAYER TO MY MOTHER

Mother, give me your eyes, that I may learn to see.
If I see with your eyes, I will never dare to sin.
Mother, give me your lips, that I may pray.

world. And give us the courage to preach Your Word to all the nations. We ask all this through Christ, Our Lord.

V. Mary, Queen of the missions,

R. Pray for us.

LITANIES FOR THE MISSIONARY WORKS OF THE CHURCH

(Every 18th of each month, instead of the litanies of the rosary, the following litanies can also be prayed.)

We respond: *Sustain the missionary Church.*

Mary, help of Christians,
Mary, Mother of divine grace,
Mary, Queen of the missions,
For the increase in number of conversions to our faith in pagan lands,
For the catechumens that they may prepare and instruct themselves adequately for Baptism,
For new Christians, that they may overcome difficulties and fervently begin their Christian life,
That new temples and tabernacles to the one, true God may rise everywhere,
That Baptismal waters may regenerate children and the elderly,
That the native clergy may grow in knowledge and holiness in all Catholic missions,
For an increase in the number of missionaries that spread the light of truth,
For an increase in the number of seminaries where new apostles are formed,
For an increase in vocations to religious Congregations dedicated to the missions,
For the rapid development of missionary organizations in Catholic nations,
That all priests, religious, and seminarians may work for the missionary apostolate of the Church,

Saint Patrick (Ireland),
All holy men and women of Europe,
Saint Damien of Moloka'i (missionary to Hawaii),

pray for Oceanía.

Sanint Peter Chanel (Wallis and Futuna),
Saint Mary MacKillop (Australia),
Saint Peter Calungsod (Guam),
Saint Marianne Cope (Hawaii),
Mary, Star of the sea,
All holy men and women of the Pacific Islands,
Sanint Andrew,

pray for Asia.

Saint Thomas,
Saint Martyrs of Japan,
Saint John of Brito (missionary to India),
Saints Nikola Tavelic and companions (Palestine),
Saint Martyrs of Korea,
Saints Lorenzo Ruiz and companions (Philippines, Japan),
Saint Martyrs of Vietnam,
Saint John Gabriel Perboyre (missionary to China),
Saint Martyrs of China,
Saint Nimatullah Kassab (Lebanon),
Saint Kuriakose Elias Chavara (India),
All holy men and women of Asia,
Santos Mártires de Corea,

Lamb of God you take away the sins of the world,
forgive us, O Lord.

Lamb of God you take away the sins of the world,
graciously hear us, O Lord.

Lamb of God you take away the sins of the world,
have mercy on us.

For the intentions of the Holy Father:

Our Father... Hail Mary... Glory be...

O God, who desires all Your children to be loved and saved,
Grant that your holy servants continue to protect and care for the

If I pray with your lips, Jesus will hear me no doubt.

Mother, give me your hands, for I want to work,
It is then that my work will be worth an eternity.
Mother, give me your mantle, that it may cover my evil,
Covered in your mantle, heaven I will reach.
Mother, give me your purity, that I may take communion.
Jesus will see your purity in me and happy will he be.
Mother, give me your heaven, that I may rejoice,
If you give me heaven, no more will I desire!

Oh Mother, give me your heart, that I may love Jesus.
If I love him with your heart, he will be pleased.

Oh Mother, give me Jesus, that I may be with him,
And this will be my joy for all eternity. Amen. .

CONSECRATION TO THE VIRGIN MARY

Our Lady and Mother, we offer ourselves entirely to you and
in proof of our filial affection, on this day, we consecrate to you our
eyes, our ears, our tongue, our heart, in one word, all that we are.
Now that we are all yours, Mother of goodness, guard and defend
us as your possession. Amen.

MEMORARE

Remember, O most gracious Virgin Mary, that never was it
known that anyone who fled to your protection, implored your help,
or sought your intercession was left unaided.

Inspired by this confidence, I fly unto you, O Virgin of virgins,
my mother, to you do I come, before you I stand, sinful and
sorrowful, O Mother of the Word Incarnate, despise not my
petitions, but in your mercy hear and answer me. Amen.

SWEET MOTHER

Sweet Mother, do not part from me, do not lose me from your sight, accompany me everywhere and never leave me alone. Because you protect me like a true Mother, obtain for me the blessing of the FATHER, the SON and the HOLY SPIRIT. Amen.

BLESSED BE YOUR PURITY

Blessed be your purity, may it be blessed forever, for no less than God takes delight, in such exalted beauty. To you, heavenly Princess, Holy Virgin Mary, I offer on this day my whole heart, life and soul. Look upon me with compassion, do not leave me, my Mother. Amen.

MAGNIFICAT

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior, for he has looked with favor on his lowly servant. From this day all generations will call me blessed, the Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit. He has cast down the mighty from their thrones and has lifted up the lowly. He has filled the hungry with good things and the rich he has sent away empty.

He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children forever. Amen.

PRAYER TO THE BLESSED VIRGIN MARY

Holy Mary, Mother of God, preserve in me the heart of a child, pure and clean like spring water; a simple heart that does not remain absorbed in its own sadness; a loving heart that freely gives with compassion; a faithful and generous heart that neither forgets

Saint Monica, (Algeria),
Saint Augustine of Hippo, (Algeria),
Saints Perpetua and Felicity (North Africa),
Saints Charles Lwanga and Ugandan Martyrs,
Saint Josephine Bakhita (Sudan),
Blessed Isidore Bakanja (Congo),
Blessed Ghebre Mikha'el (Ethiopia),
Saint Daniel Comboni (missionary of Sudan),
All holy men and women of Africa,
Saint Martin de Porres (Peru),

pray for America.

Saint Francis Xavier Cabrini (missionary to USA),
Saint Elizabeth Ann Seton (Maryland, USA),
Saint Felipe de Jesús (Mexico),
Saint José María de Yermo y Parres (Mexico),
Saint Rafael Guízar y Valencia (Mexico),
Saint Peter Clavier (missionary to Colombia),
Saint Katharine Drexel (USA),
Saint Toribio Romo (Mexico),
Saint Mother Théodore Guérin (Indiana, USA),
Saint Kateri Tekawitha (Quebec),
Saint Juan Diego (Mexico),
Saint Rose of Lima (Peru),
Saints René Goupil, Isaac Jogues and Jean de Brébeuf,
All holy men and women of the Americas,
Saint Francis of Assisi (Italy),

pray for Europe.

Saint Thomas More (England),
Saint Teresa of Avila (Spain),
Saint George (England),
Saint Joan of Arc (France),
Saint Elizabeth of Hungary,
Saint Stanislaus Kostka (Poland),
Saint Brigid (Ireland),
Saint John Paul II (Poland),
Saint John XXIII (Italy),

MANNER OF PRAYING THE MISSIONARY ROSARY

(Act of Contrition)

In each mystery we pray one Our Father, ten Hail Marys, and one Glory be.

Then we say:

V. Mary, Queen of missions,

R. Pray for us.

MISSIONARY LITANIES

(Every 18th of each month, instead of the litanies of the rosary, the following litanies are prayed.)

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Christ, hear us.

Christ, hear us.

Christ, graciously hear us.

Christ, graciously hear us.

God, Our Father, who desires all to be saved

have mercy on us.

God, the Son Savior of the World, who died for us,

God, the Spirit who calls us all to know the Truth,

Hail Mary, Queen of missionaries,

pray for the world.

Saint Joseph,

Saints Peter and Paul,

Saint Francis Xavier, Patron of the missions,

Saint Therese of Lisieux, Patroness of missions,

Saint Mark,

pray for Africa.

good nor feels bitterness for any evil.

Give me a sweet and humble heart that loves without asking to be loved in return, happy to lose itself in the hearts of others, sacrificing itself before your Divine Son; a great and unconquerable heart which no ingratitude can close and no indifference can tire; a heart tormented by the glory of Christ, pierced by his love with a wound that will not heal until heaven.

NOVENA TO THE IMMACULATE CONCEPTION

Prayer for each day

All

Immaculate Virgin, from the first moment of your existence without sin, glorious Mary, full of grace, Mother of God, Queen of angels and mankind, I humbly revere you as Mother of my Redeemer who, though in the form of God, showed me with his love and submission how to love and serve you.

You are the safe refuge of repenting sinners so I come to you; you are Mother of mercy; you are, after Jesus Christ your divine Son, all my hope; look at the strong trust I have in your motherly love. Make me worthy to call myself your child that I may also say: deign to be my Mother. Amen.

1st DAY: Mary in the Old Testament

Presider

The Lord begot me, first-born of his ways, the forerunner of his prodigies of long ago... When he established the heavens I was there, when he marked out the vault over the face of the deep... Then was I beside him as his craftsman, and I was his delight day by day, playing before him all the while. (Pv 8: 22, 27, 30)

The books of the Old Testament describe the history of salvation through which the coming of the Messiah is slowly prepared and shines ever more clearly the figure of the Mother of our Redeemer. Everything in the Old Testament is prophecy,

symbols, and figures. Its object was to announce the Messiah and with Him, his Mother. The first prophecy about Mary was made directly by God in paradise: *Her offspring will crush your head.* (Gn 3: 15)

The renowned women of the Old Testament represent Mary. She was predestined to an incomparable dignity; after her, we have been predestined by the grace that never fails. But our predestination is intimately linked to Mary because the Lord gave her to us as our Mother and she helps us to become worthy children of God.

Let us think much about her, try to imitate her, live like her, and with her. Let us pray so that our devotion to Our Lady may be profound and may lead us to the joy of proclaiming and serving our God.

Hymn for every day

All

You are all fair, O Mary, and the original stain is not in you. You are the glory of Jerusalem. You are the joy of Israel. You are the honor of our people. You are the advocate of sinners. O Mary, Virgin most prudent, O Mary, Mother most tender. Pray for us and intercede for us with Jesus our Lord.

V. In your conception, Holy Virgin, you were Immaculate,
R. Pray for us to the Father, whose Son you did bring forth.

2nd DAY: The Annunciation

Presider

In the sixth month, the angel Gabriel was sent forth from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin's name was Mary. And coming to her, he said, 'Hail, favored one! The Lord is with you... Behold you will conceive in your womb and bear a son, and you shall name him Jesus...' Mary said, 'Behold, I am the handmaid of the Lord. May it be done to me according to your word.' Then the angel departed from her. (Lk 1: 26-28, 31, 38)

MISSIONS

MISSIONARY ROSARY

When we give the holy ROSARY a MISSIONARY dimension, at the same time that we pray for our brothers and sisters throughout the world, we also pray so that the Kingdom of God may spread more each day on earth. In a special way we pray for all the MISSIONARIES.

As we begin our Missionary Rosary, we ask God for all the Missionaries and all who have received the message of salvation. Each decade of the Missionary Rosary is presented in a different color. The five colors are divided as follows:

With the **GREEN DECADE**, we pray for the Church in Africa, so that, once it is evangelized, it will in turn evangelize.

With the **RED DECADE**, we pray for those that form the Church in the Americas, so that, through the example of Mary, they may become missionaries of Christ.

With the **WHITE DECADE**, we pray for the Church in Europe, so that they may become one in one Lord, one faith and one baptism.

With the **BLUE DECADE**, we pray for Oceania, so that those that live there may become part of the Church and acquire the missionary spirit.

With the **YELLOW DECADE**, we pray for those that live in Asia, so that all this continent, where half of the humanity lives, may receive the Catholic faith.

Mary was enriched from the first moment of her Conception with the splendors of a singular holiness and she accepts the Divine Word. She is afraid because she knows that this pregnancy means accepting the unknown and implies suffering, but without a doubt, assumes her role in God's plan of salvation. She completely consecrated herself to serve her Son's mystery of redemption through the all-powerful grace of God.

It requires generosity and courage to say this 'yes' each day. Let us pray so that we may be obedient to the Holy Spirit according to the vocation to which we have been predestined.

(Ends like the first day)

3rd DAY: The Visitation

Presider

During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leapt in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, 'Most blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me that the mother of my Lord should come to me?' (Lk 1: 39-43)

The angel Gabriel spoke in the name of heaven; Elizabeth spoke in the name of earth. Her words and praises are also our own; in her, we are all represented. The words of Mary are fertile; just a greeting from her is enough to fill the soul of John and Elizabeth with grace and holiness. Mary introduces us to a silent but concrete and fully alive response. The discovery of Christ is achieved in the encounter with Mary.

Let us ask Mary to save for us words that sanctify and that the words that come from our lips may fortify and sanctify our brothers and sisters, and may the Holy Spirit be present in our everyday personal encounters.

(Ends like the first day)

4th DAY: The Road to Bethlehem

Presider

In those days a decree went out from Caesar Augustus. And Joseph went up from Galilee from the town of Nazareth to Judea, the city of David that is called Bethlehem, because he was of the house and family of David, to be enrolled with Mary, his betrothed, who was with child. (Lk 2:1, 4-5)

Everyone must go register at their place of birth by the will of someone with authority. Mary does not criticize or protest, she does not rebel. She has plenty of reasons not to obey: how many dreams and preparations she would leave in Nazareth! This is the hardest part of obedience, but she abandons herself in the hands of God and willingly accepts the displeasing, the improvised, the unexplainable.

Let us ask Mary that we may always remain at peace in those moments that confuse us and let us pray for all those who have to exercise some sort of authority.

(Ends like the first day)

5th DAY: The Birth of Jesus

Presider

While they were there, the time came for her to have her child, and she gave birth to her first-born son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn. (Lk 2: 6-7)

It is the first act of adoration that Jesus receives when he becomes physically present on earth: the Mother's caresses who cares for her Son. The Gospel says that she gave birth to her **first born**, because later, she would have us all as her children. In the only text of St. Paul written about Mary when she was alive, known, and loved by the disciples, it says: *'But when the fullness of time had come, God sent his Son, born of a woman, born under the law, to ransom those under the law, so that we might receive adoption.'* (Gal 4: 4-5) For God this is the maximum expression of



**GO OUT
TO THE
WORLD...**

goodness and love toward us; for us, this is the greatest glory and dignity to which we could aspire.

Let us ask for the grace to fully live this divine adoption through Mary's adoption of us.

(Ends like the first day)

6th DAY: Nazareth

Presider

When they had fulfilled all the prescriptions of the law of the Lord, they returned to Galilee, to their town of Nazareth. The child grew and became strong, filled with wisdom; and the favor of God's blessings was upon him. (Lk 2: 39-40)

Nazareth is the school where Jesus' knowledge begins. Long practical lesson in Nazareth: Jesus, Mary, and Joseph occupied in everyday affairs; he learns to observe, listen, meditate, and penetrate in the profound and mysterious meaning of this simple and enchanting manifestation of the Son of God; here he learns the need of a spiritual discipline based on silence, prayer, simplicity, and work.

Let us ask Mary to teach us silence and interiority. We are often bewildered in the midst of so much noise: in all the action of an agitated modern life it is necessary to strengthen the habit of silence and the dignity of work to reach an interior life that may lead to prayer so that closing the doors of the senses, we may reach union with God.

(Ends like the first day)

7th DAY: A Wedding in Cana

Presider

They have no wine. (Jn 2: 3) Do whatever he tells you. (Jn 2:5)

Mary and Jesus receive and accept an invitation to a wedding. Virtue is not contrary to relaxation: with feasts, with joy. But a problem arises: they were out of wine. Mary was aware and

there is no necessity that escapes her. The assurance with which she speaks to her Son is admirable. Her words are not a petition, much less an order; they are the exposition of a problem that she cannot resolve. And even though Jesus' response seems apparently harsh, she does not doubt. It is enough to know that her Son understands her desire.

Let us confidently abandon our needs in the hands of Mary. Let us be sure that she who never lacked for wine will much less suffer the lack of virtue in her adoptive children. Let us present our problems to her and God will do in us and for us extraordinary transformations.

(Ends like the first day)

8th DAY: At the foot of the Cross

Presider

"Standing by the cross of Jesus were his Mother... When Jesus saw his mother and the disciple there whom he loved, he said to his mother, 'Woman, behold your son.' Then he said to the disciple, 'Behold your mother.' (Jn 19: 25-27)

Jesus sees the courage and dignity of Mary and does not hesitate to place upon her the burden of being the Mother of sinners. He does not ask her if she wants to be our Mother; he knows her heart and that is enough. The world today seeks consolation because it is afflicted by many sorrows.

It is a world that suffers. Is this not the moment to see Mary at the foot of the cross? The suffering of Mary is an echo of her Son's suffering. There is a sort of fusion between them. Mary makes her Son's passion her own and the Son makes his Mother's suffering his own. Mary also takes the sorrows of each one of us. Like she stood at the foot of the cross, she is also standing by our own suffering. By feeling her presence, let us reduce the selfishness that is found at the origin of all human suffering. We must ask her assistance for the world has a stressed sense of communal needs and only in this way will it accept our message.

(Ends like the first day)

The harvest is abundant, the workers are few.
Send, Lord, laborers to the harvest. Amen.

LITANIES FOR VOCATIONS

(Every 19th of each month, instead of the litanies of the rosary, the following litanies are prayed)

For the Holy Mother Church, that renewed daily by the Spirit of God, she may shine like a sign raised in the midst of all people,
Lord, hear our prayers.

For the Pope and bishops, so that with their word and example, they may guide us in the way of truth and justice,

For priests and religious that they may give testimony with their lives of the greatness of God's calling,

For our seminaries and formation houses, that the vocations of the candidates to priesthood and religious life may vigorously grow and blossom,

For Christian parents, that they may obtain from heaven vocations to the priesthood and religious life through their fidelity to the Christian ideal of marriage,

For educators, that they may teach children the truth and open new horizons of greater perfection to them,

For our Congregation, that we may be grateful for the gift of our vocation and live in its authentic spirit,

That you may send an increasing number of fervent youth to our novitiates who desire only the greater glory of God and the reign of your Divine Heart,

Presider

LET US PRAY

Lord, may our prayer for priestly and religious vocations rise to the throne of your glory and return fulfilled, through Christ our Lord. Amen.

SONG: *Fisherman of men*

Lord, you have come to the seashore,
neither searching for the rich nor the wise,
desiring only that I should follow.

O LORD, WITH YOUR EYES SET UPON ME,
GENTLY SMILING, YOU HAVE SPOKEN MY NAME,
ALL I LONGED FOR I HAVE FOUND BY THE WATER,
AT YOUR SIDE, I WILL SEEK OTHER SHORES.

Lord, see my goods, my possessions
in my boat you find, no power no wealth.
Will you accept, then, my nets and labor?

Lord, take my hands and direct them.
Help me spend myself in seeking the lost,
returning love for the love you gave me.

Lord, as I drift on the waters,
be the resting place of my restless heart,
my life's companion, my friend and refuge.

READING: *prepare a VOCATIONAL story from the BIBLE.*

The presider will make a brief comment on the Word of God. Those participating may also share in the reflection.

PRAYER FOR VOCATIONS

Lord God, Father and Shepherd of all mankind,
in today's world you want there to never be amiss,
men and women of faith, who will consecrate their lives
to the service of the gospel and care of the Church.

May your Holy Spirit enlighten the hearts,
and strengthen the will of your faithful,
So that, welcoming your call,
they may become the priests and deacons,
religious and consecrated that your people need.

9th DAY: The Immaculate Conception and the Assumption

Presider

You are all beautiful, my beloved, and there is no blemish in you. (Sg 4:7) Who is this coming up from the desert, leaning upon her lover? (Sg 8:5)

Divine love is not like ours. It does not depend on the object; rather, it creates it.

This makes Mary the most amiable; the most attractive of all creatures in whom God will dwell without any relation to sin. The Immaculate Conception and the Assumption are the alpha and the omega of Mary's life here on earth. The Church makes these two mysteries stand out which are linked by an intimate relationship above all others. The Immaculate Conception is the triumph of the grace of God and the Church, assisted by the Holy Spirit, has been able to perceive the truth of the Assumption and has expressed it at the right moment as a sign of hope. It shows in Mary, resurrected with Christ, the path of its own way toward the accomplishment of its own ministry.

Let us not be content with admiring these two mysteries. Let us ask our Mother to help us realize the masterpiece of our own life: the fulfillment of God's will in each instant of our life and to be with us each day and at the hour of death.

(Ends like the first day)

TRIDUUM TO THE BLESSED VIRGIN OF GUADALUPE

Prayer for each day

All

Holy Virgin of Guadalupe, our tender Mother, you are the refuge of sinners, comfort of the afflicted and the Mother of mercy. Be our refuge, our hope, and our Mother. You know well that without the assistance of divine grace we are not capable of doing any good. Obtain for us from your Divine Son abundant graces to fruitfully pray this Triduum for the greater glory of God and good of our souls. Amen.

1st DAY

Presider

Virgin of Guadalupe, we bless you remembering that glorious moment when you first appeared at Tepeyac like the rising dawn that announces the coming of the Sun of Justice. We ask that you receive the offering we make of our heart.

You came to make us happy, to be the comforter of the afflicted, the refuge of sinners as you promised to Saint Juan Diego. Take us under your protection, intercede for us before our Lord so he may deliver us from sin, dispel the darkness of our understanding, purify our affections, and save us from the temptations of our enemy so that assisted by divine grace and under your protection, we may attain eternal life. Amen.

Prayers for everyday

Hail Mary

V. Holy Virgin of Guadalupe, our hope,

R. Save our country and conserve our faith.

Final Prayer

All

Remember, O most gracious Virgin of Guadalupe that in your celestial apparitions on Mount Tepeyac, you promised to show pity and compassion to all who, loving and trusting you, seek your help and protection in their necessities and afflictions. Accordingly, listen now to our supplications and grant us consolation and relief. Never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired with this confidence, we come to you, O Mary, ever Virgin of the True God! Though grieving under the weight of our sins, we come to prostrate ourselves in your august presence, certain that you will deign to fulfill your merciful promise. You have decided to remain with us through your admirable image, you who are our Mother, our health, and our life. Placing ourselves beneath your maternal gaze and having recourse to you in all our

brethren that die in the darkness of error, that suffer in this life and do not know the hope of heaven by your side.

ALL: Help us to value the effort we put into growing in our faith and the beautiful consequences that are derived from it; help us make this world a new land, with hope in heaven.

READER: Heart of Jesus, that our families may live their baptismal calling with joy; so that the parent's love, the children's respect and the atmosphere of the siblings, may ensure a climate conducive to the development of the great ideals of personal growth and holiness.

ALL: May life be the fruit of mature and responsible love. That we may defend life against abortion. That we may respect it from its beginnings and we may help it grow with a holistic education according to your law of unity and love.

READER: Heart of Jesus, may all children be the hope of a more beautiful future.

ALL: Conserve their heart clean, a healthy mind, and, guided by your Word and our witness, they may grow in age, wisdom and grace.

READER: Heart of Jesus, that the youth may walk the road of truth.

ALL: That we may love and help them experience a family environment, so that they will not be tempted by loneliness and despair; that we may respond generously to their human promotion and with them build your Kingdom.

READER: In order to conclude, we especially pray for those that work in preparing your future apostles: parents, educators, catechists, religious sisters, priests, bishops and the Pope.

ALL: So that they continue to tirelessly mold the hearts of the new apostles and enlighten their minds until they form in them a heart like yours, and an image like yours that projects itself as a witness of salvation. That they may continue motivating future generations toward the sublime ideal of priesthood and religious life. Amén.

a shepherd, and from the depth of your soul came those words that you told your disciples. *"The harvest is plentiful but the workers are few."*

ALL: Father, we are here in your presence to implore, by intercession of your most loving Heart, that you pour your Spirit abundantly on your Church and you summon many holy vocations to the priesthood and religious life, so that they may spread your kingdom of love to the world.

READER: Heart of Jesus, united in adoration in your presence, we come to the realization of the many hardships our brethren the poor go through. They who are dearest to your heart, have little faith, are hungry, cold and suffer all types of injustices because of oppression.

ALL: We ask that your Kingdom may come. A Kingdom of justice and love that translates into a better distribution of riches, more opportunities for healthcare, education, work, shelter and food for the poor and outcast.

READER: We want you to reign in our country, that the cry of those who fought for liberty become a reality; so that our children can be educated according to truth.

ALL: We want you to reign in our people by eradicating all vices and pornography, all misery and hunger. Establish your Kingdom in an environment of love and service, where parents and older siblings look after the education of the young in order to improve their way of life and reflect the great dignity of our human lives.

READER: Heart of Jesus, you said: *"I have come to set the earth on fire, and how I wish it were already blazing!"*

ALL: We want you to set us on fire with your love. We want your fire to purify us of our indifference towards the suffering, the poverty, the illnesses and the ignorance of our brethren.

READER: Heart of Jesus, we have received the faith as a gift, without any personal merit... and there are so many of our

necessities, we need do nothing more. O Holy Mother of God, despise not our petitions, but in your mercy hear and answer us. Amen.

2nd DAY

Presider

Virgin of Guadalupe, we are filled with joy thinking of the great happiness that awaits us when this short time of trial has passed and we enter the celestial Jerusalem, when we are at your feet without being afraid of being lost and possess a joy without end.

It is so consoling to love you, serve you, and pronounce your name on this earth; what joy will fill our hearts when we can see the prodigies and wonders that we do not know now except by faith; when we can speak to you, hear your sweet voice, and love you unreservedly. Do not abandon us, our Lady and Mother, and lead us into heaven where we will eternally sing the mercy of the Lord. Amen.

(Ends like the first day)

3rd DAY

Presider

Virgin of Guadalupe, in whom God is well pleased, you know our misery and still love us tenderly. Receive our homage and change our hearts inflaming them in the fire in which your most pure heart burns so that, persevering in his service until death, we may one day enjoy him in heaven for all eternity. Amen.

(Ends like the first day)

VOCATIONS

VOCATIONAL HOLY HOUR TO THE SACRED HEART

The Holy Hour is a moment of prayer before the blessed Sacrament. We call it Vocational Holy Hour because through it we specially pray for Priestly and Religious vocations.

ENTRANCE SONG: *Here I am, Lord (Dan Schutte)*

I the Lord of sea and sky, I have heard my people cry,
all who dwell in dark and sin, my hand will save.
I who made the stars of night, I will make their darkness bright.
who will bear my light to them? whom shall I send?

HERE I AM, LORD IS IT I LORD?
I HAVE HEARD YOU CALLING IN THE NIGHT
I WILL GO, LORD IF YOU LEAD ME.
I WILL HOLD YOUR PEOPLE IN MY HEART.

I the Lord of snow and rain, I have borne my people's pain.
I have wept for love of them they turn away.
I will break their hearts of stone, give them hearts for love alone.
I will speak My words to them. whom shall I send?

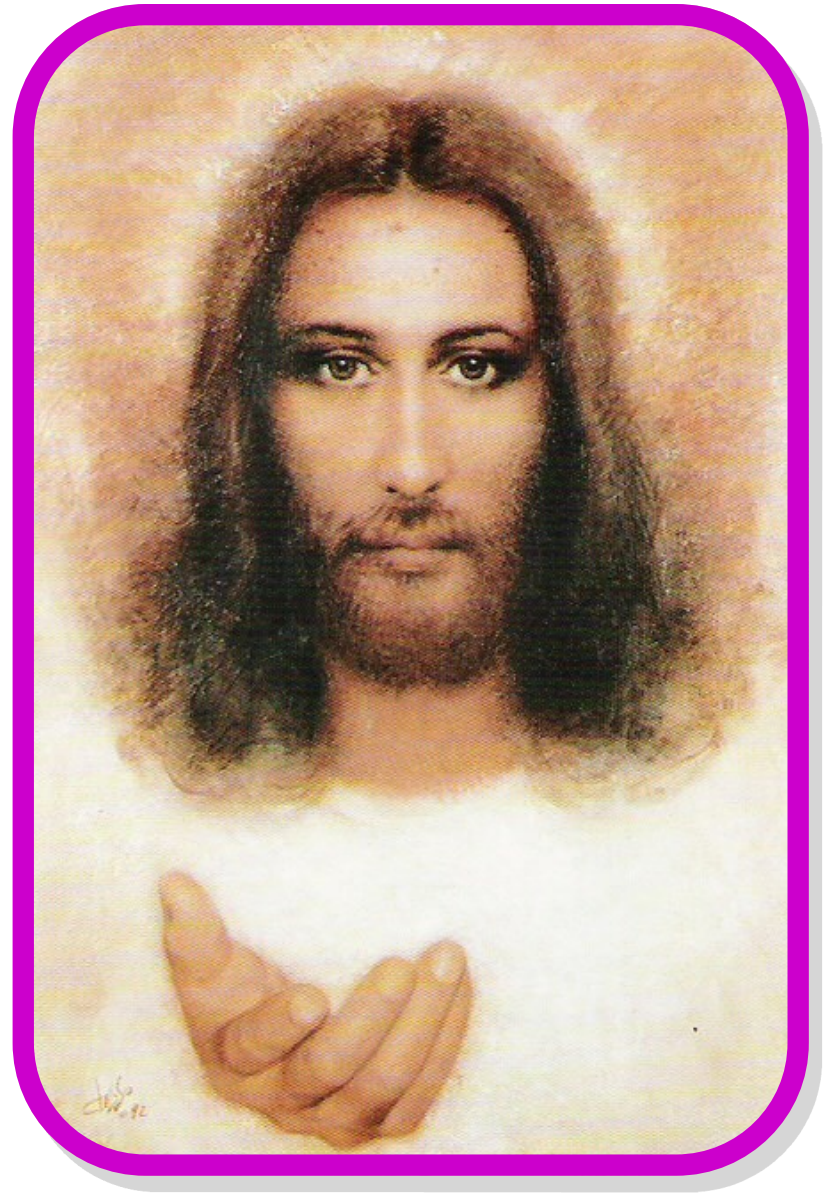
I the Lord of wind and flame, I will tend the poor and lame.
I will set a feast for them. They turn away.
Finest bread I will provide till their hearts be satisfied.
I will give my life to them. Whom shall I send?

READER: In the name of the Father and of the Son and of the Holy Spirit. Amen.

READER: Heart of Jesus, you yourself traveled through cities and the countryside, proclaiming the Good News of the Kingdom of God and healing all illness and pain.
Your heart felt compassion upon seeing the multitude of those that were helpless and disheartened, like sheep without



**SAINT JOSEPH,
PRAY FOR US**



COME
AND
FOLLOW ME...

SAINT JOSEPH

NOVENA TO SAINT JOSEPH

(Begins March 10th)

Opening prayer for each day

All

Blessed Joseph, to you we come in our need, and after imploring the help of your holy spouse, we trustingly request your protection. With the charity that had you united with the Immaculate Virgin Mary, Mother of God, and with the paternal love with which you embraced Baby Jesus, we humbly beg that you turn your eyes to the inheritance that with his Blood he acquired, and with your power and assistance you help us in our needs. Assist us from heaven and constantly protect each one of us, so that through your example and sustained by your help, we may live and die holy and reach eternal happiness in heaven. Amen.

FIRST DAY: *Saint Joseph, glory of Christian virginity*

Now this is how the birth of Jesus Christ came about. When his mother Mary was betrothed to Joseph, but before they lived together, she was found with child through the Holy Spirit. (Mt 1:8)

Let us look upon Joseph, chaste, so that he may show us how delicate we must be in modesty, how we must dedicate ourselves in acquiring a crystal-like purity, how needy of continuous precautions is the fragile vessel in which is stored so much goodness. He will encourage us in our faltering, he will fortify us in our struggles. This faithful custodian will raise us up in our stumbles and falls, helping us to have present in front of us, the coat of arms of virginal innocence, and the most pure and perfect chastity that is the eternal reward in heaven.

V. Saint Joseph, may we live a dignified life,

R. That will always be safe under your protection.

Closing prayer for each day

All

Sweet Jesus, for the much love and honor you had for Saint Joseph on earth, as your foster father and for how much you glorify him in heaven, deign to accept our petitions and praise with which we, his devotees, direct ourselves to him in this novena. And since we honor you when honoring Saint Joseph's holiness, receive, in your honor and for your greater glory this offering. May it be for us a means of sanctification and grace. Amen.

SECOND DAY: *Saint Joseph, glory of dignified work*

He came to his native place and taught the people in their synagogue. They were astonished and said, 'Where did this man get such wisdom and mighty deeds? Is he not the carpenter's son? Is not his mother named Mary and his brothers James, Joseph, Simon, and Judas?' (Mt 13:54-55)

Because of original sin, man was condemned to work so that he could eat, dress and satisfy his needs. Also today, at the cost of sacrifice, Christ-God who rehabilitated the fallen man, rehabilitated man's work becoming his glory, his well-being, and his happiness. Oh Saint Joseph that with your song you accompany and sweeten your fatigued work, raise up your work to heaven as a pleasant offering to God, as pleasant as the day's psalmody. It is glorious work to gain the daily bread, and also, to earn eternal life. Work does not degrade, it dignifies, it does not debase, it elevates and glorifies.

V. Saint Joseph, may we live a dignified life,

R. That will always be safe under your protection.

(Ends like the first day)

THIRD DAY: *Saint Joseph, glory of evangelical poverty*

But when he heard that Archelaus was ruling over Judea in place of his father Herod, he was afraid to go back there. And

(Reflection and petition in silence)

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

Closing prayer for each day

DAY 9: Obedience

Presider

Obedience is the touchstone, the guarantee that a virtue is authentic. Father Yermo understood this and he left us admirable examples of obedience. He was convinced that "whoever is truly obedient has heaven secured."

Father Yermo's thoughts

"It can be said that anyone truly obedient always does his/her will, because his/her will is identified with what God wants and asks through obedience. How free and truthful is the freedom gained through obedience.

The one who obeys, serves God, frees his conscience, and walks toward heaven where he will enjoy the freedom he began to enjoy on earth through obedience. "

(Reflection and petition in silence)

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

Closing prayer for each day

Father Yermo's thoughts

"Grant me, my God, a very great love for all people, my brothers and sisters, especially the poorest and most abandoned. I know that love for the poor must be firmly rooted in humility, sincerity, self-forgetfulness, and the most generous offering of everything to your will.

I want to imitate Christ my good Jesus, who came to teach us by his word and example preferential love for the poor and unfortunate despised by the world. "

(Reflection and petition in silence)

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

Closing prayer for each day

DAY 8 : Humility

Presider

Humility was a characteristic virtue in Father Yermo. The Lord wanted to test his soul with severe humiliations. He generously accepted them to the point of saying: "I want dishonor and to suffer the scorn of all to imitate you, Lord, as your true friend."

Father Yermo's thoughts

"I am just what I am; and this is known only to my heavenly Father, the sole witness of my inner life. I want to suffer for him, with him, and in him without honor and glory. I am nothing. It is his love that enraptures me and strengthens me.

Lord, even if I find it necessary to put at stake my priestly honor in order to keep the works you have entrusted to me and in spite of my own reluctance, I abandon myself into your hands. This total sacrifice I make to you is costing me a great deal, Lord, if you were not with me, I would rather die. "

because he had been warned in a dream, he departed for the region of Galilee. (Mt 2:22)

'Blessed are the poor,' the Lord has said. He wanted to intensify love for evangelical poverty with the testimony as well as with his word. He chose to be poor, and to be born of a poor mother, and to have as father a poor man. Though Saint Joseph was a descendant from kings, he did not own the material riches that added splendor and exterior grandeur to his illustrious family. Tradition has always shown us the holy carpenter as an artisan that needs his salary to eat. Who does not remember the poverty in Bethlehem and in the exile to Egypt? What comfort could they have had so far away from their native country, in an unknown land, among enemies of their people and their God? Let us raise our eyes and see the small humble house of Saint Joseph; let us see Christ born poor, let us see him live in poverty and want, let us see on a poor deathbed those whom he most loved. Let us love his poverty that is a gift from God, as a sign and pledge of eternal happiness and a simple and possible road to reach heaven.

V. Saint Joseph, may we live a dignified life,

R. That will always be safe under your protection.

(Ends like the first day)

FOURTH DAY: Saint Joseph, model of profound prayer

Each year his parents went to Jerusalem for the feast of Passover. (Lk 2:41)

Overall, Christian life should be a life of prayer and more so for the religious. A heart that has given itself to God is not comprehended without constant communication with him through this invisible bond. Saint Joseph should be for all Christians the model of this life of prayer. The holy Patriarch, who enjoyed the presence of God's Son the majority of his life, was also united with him through the most ardent interior contemplation. And if prayer is conversing with God, how can we not call continuous prayer Joseph's continuous relationship with his divine Son?

V. Saint Joseph, may we live a dignified life,
R. That will always be safe under your protection.

(Ends like the first day)

FIFTH DAY: Saint Joseph, model of silence and recollection

When they had departed, behold, the angel of the Lord appeared to Joseph in a dream and said, 'Rise, take the child and his mother, flee to Egypt, and stay there until I tell you. Herod is going to search for the child to destroy him.' Joseph rose and took the child and his mother by night and departed for Egypt. (Mt 2:13-14)

Recollection is indispensable for a life of prayer. Saint Joseph is a model and example of a silent and recollected life. The gospel itself seems to have wanted to express this same thing regarding the life and works of Saint Joseph. He appears very few times in the Gospels, and then only when it is necessary, in order to refer to the stages in Christ's life where he intervened. It seems that the Holy Spirit intentionally presented his life in certain obscurity and penumbra, which echoes his very humility.

V. Saint Joseph, may we live a dignified life,
R. That will always be safe under your protection.

(Ends like the first day)

SIXTH DAY: Saint Joseph, model of patience

The child's father and mother were amazed at what was said about him. (Lk 2:33)

Aún estaba fresca y resiente la visita de los magos que The visit of the magi who had come from the orient to adore Jesus was still recent... And again, the angel of the Lord appears to him in a dream and says: 'Rise, take the child and his mother, flee to Egypt, and stay there until I tell you. Herod is going to search for the child to destroy him.' (Mt 2:13) Saint Joseph rises, takes the child and his mother by night and departs for Egypt, and there he remained until

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

Closing prayer for each day

DAY 6: Fraternal Love

Presider

Saint José María de Yermo knew that love for God is not genuine if it is not manifested in a sincere love for all people, in the course of his life he practiced it in a heroic degree deserving to be called 'GIANT OF CHARITY.'

Father Yermo's thoughts

"I want to give you now and forever the proof of my sincere love by forgiving and loving much more those who behave as my enemies.

Charity, charity always and with everybody, especially with those who seek to do me wrong, whatever the cost even to my own life.

May your charity be in actions not only in words. May it be manifest in all circumstances and actions of your life. "

(Reflection and petition in silence)

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

Closing prayer for each day

DAY 7: Love for the poor

Presider

Love for the poor was the reason impelling Father Yermo to undertake great and beneficial works with truly evangelical charity for their welfare. He was indeed father of the poor.

Father Yermo's thoughts

"The constant observance and unique glory of this Congregation will reside in an ever-greater adhesion, love, and obedience of its members to the Holy Roman Catholic Church, and to the august Vicar of Christ on earth, the Roman Pontiff.

If Jesus became our Savior through his humanity, then all of us must become missionaries with him.

(about the Church)...I will never stop loving her with filial tenderness; she is my Mother. "

(Reflection and petition in silence)

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

Closing prayer for each day

DAY 5: Acceptance of God's Will

Opening prayer

Presider

Father Yermo considered that "the unmistakable proof of true love of God is the firm and constant resolution to always fulfill, in all pleasant or unpleasant events, the ever adorable will of God."

Father Yermo's thoughts

"You know, Lord, that above all things I have loved your will.

To yearn for what God wants for me is uniting myself to his divine will and this is already something. Yet, this union of desire is not enough; I need all my actions to be a valiant offering of all my being to his divine will.

My cooperation with Christ must be limitless, active or passive, working or suffering according to God's will. "

(Reflection and petition in silence)

Herod had died, all with a heroic virtue of patience and abandonment.

V. Saint Joseph, may we live a dignified life,

R. That will always be safe under your protection.

(Ends like the first day)

SEVENTH DAY: Saint Joseph, model of complete trust in God

When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home. (Mt 1:24)

The foundation of Christian patience is a filial and firm trust in God. God is God and his word is God's word, and his promise is God's promise. The strength with which he welcomes his afflicted servants is the full strength of God. Let us look to Saint Joseph and let us learn from him the virtue of the most serene and unshakable trust. He seemed to be lacking everything in this world, but he never doubted, because he knew that God would never be far away. In the scarcity, in the persecution, in the exile, he would raise his eyes and heart to heaven, knowing where his strength was. He did not trust in treasures that mislead, nor in the powerful that lie, nor in resources of human wisdom that deceive hope; in God he trusted and God always confirms those who wait on him; they will never be confused.

V. Saint Joseph, may we live a dignified life,

R. That will always be safe under your protection.

(Ends like the first day)

EIGHTH DAY: Saint Joseph, model of interior peace

Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her. She will bear a son and you are to name him Jesus, because he will save his people from their sins. (Mt 1:20-21)

Interior peace is a magnificent gift from God, fruit of the firm trust in him. It is an excellent and precious gift, superior to all human consolation; a reward that the Lord enjoys giving in this life to those souls that are faithful to him. Saint Joseph's kind heart was a living example of this celestial peace. In his countenance he reflected it, it was pictured in his look, and it was manifested in the calm and peacefulness of his gentle words. The most difficult situations in life did not perturb him: the doubts that threatened his virginal wife, the worries of the hasty trip to Bethlehem, the poverty at the stable, the flight to Egypt. Peace will be his comfort in the difficulties of the Christian apostolate because he dedicated himself with all determination and perseverance that demand the interests of the Divine Will.

V. Saint Joseph, may we live a dignified life,
R. That will always be safe under your protection.

(Ends like the first day)

NINTH DAY: Saint Joseph, model of kindness and meekness

Joseph her husband, since he was a righteous man, yet unwilling to expose her to shame, decided to divorce her quietly. (Mt 1:19)

Interior peace is reflected in the countenance, manners, actions and words of the faithful servant of God, by means of the exterior softness and meekness, that is the characteristic seal of all the saints, and so it was especially of our dear Joseph. He showed God's benevolence in the order and harmony of his relationships, in his sweet and simple affability; his zeal was always moderated by charity, an image of he who said of himself, 'learn from me, for I am gentle and humble in heart.' The meek possesses with his meekness a particular eloquence above the most toughened hearts.

V. Saint Joseph, may we live a dignified life,
R. That will always be safe under your protection.

(Ends like the first day)

DAY 3: Protection of Saint Joseph

Presider

Father Yermo had great confidence in the powerful intercession of Saint Joseph acknowledging that "nothing commended to his intercession has been refused by God."

Father Yermo's thoughts

"I have the resolution that just as Joseph of Egypt was the procurator of that kingdom, so too may our Patriarch St. Joseph be the procurator for the spiritual and material affairs of the Society, and in mine as well.

How good is our Lord and how efficient and kind Saint Joseph who effectively does his job as Procurator for the spiritual and material affairs entrusted to him by the Society.

Saint Joseph must be the model of a prayerful life for all Christians. This saintly Patriarch enjoyed the earthly presence of the Son of God for the greater part of his life and was united to him through the most ardent inner contemplation. And if prayer is talking to God, surely his daily contact with the Divine Child was continuous prayer. Listen to him in his conversations and the intimacy of his secret dialogues. "

(Reflection and petition in silence)

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

Closing prayer for each day

DAY 4: Love for the Church

Presider

Whoever loves Christ, loves his Church; that is why Father Yermo wrote: "As a catholic, and more, as a priest, it is my greatest desire to always be subjected to the Church with indissoluble ties."

Closing prayer for each day

All

Divine Heart of Jesus, sent by the Father to evangelize the poor, you who inflamed in the heart of your faithful servant José María de Yermo, a fruitful charity which led him to sacrifice himself out of love for the abandoned poor. We ask you that we may imitate his example and the grace that through his intercession we humbly implore. Amen.

DAY 2: Devotion to Mary

Presider

Love for the Blessed Virgin Mary in Father Yermo is marked by the filial trust of one who did not know any other mother. He called her: "My sweet Mother and all my hope."

Father Yermo's thoughts

"The cooperation of my Mother the Blessed Virgin Mary in the Incarnation was of a limitless fidelity, even until heroism.

My Mother, Virgin most faithful, obtain for me the grace of an inviolable fidelity.

My Mother, help me. I am your weak child, but I want to become eternally the faithful friend of my Lord Jesus, the only love of my soul.

By myself I am nothing; I have placed my trust in the protection of the Blessed Virgin my sweet Mother and Lady."

(Reflection and petition in silence)

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

Closing prayer for each day

SORROWS AND JOYS OF SAINT JOSEPH

Presider

1. St. Joseph, chaste spouse of the Holy Mother of God, by the SORROW with which your heart was pierced at the thought of a cruel separation from Mary, and by the deep JOY that you felt when the angel revealed to you the ineffable mystery of the Incarnation, obtain for us from Jesus and Mary, the grace of surmounting all anxiety. Win for us from the adorable Heart of Jesus the unspeakable peace of which he is the eternal source.

Our Father, Hail Mary, and Glory Be...

V. Saint Joseph, pray for us,,

R. That we may be worthy of the promises of Christ.

Prayer for every day

All

LET US PRAY: O God, Who in your ineffable Providence has vouchsafed to choose Blessed Joseph to be the Spouse of your most holy Mother; grant, we beseech you, that we may deserve to have him for our intercessor in heaven whom on earth we venerate as our holy protector: who lives and reigns forever and ever. Amen.

Presider

2. St. Joseph, foster-father of Jesus, by the bitter SORROW that your heart experienced in seeing the child Jesus lying in a manger, and by the JOY that you felt in seeing the wise men recognize and adore him as their God, obtain by your prayers that our heart, purified by your protection, may become a living crib, where the Savior of the world may receive and bless our homage.

Our Father, Hail Mary, and Glory Be...

(Ends like the first day)

Presider

3. St. Joseph, by the SORROW with which your heart was pierced at the sight of the Blood which flowed from the Infant Jesus

in the Circumcision, and by the JOY that inundated your soul at the privilege of imposing the sacred and mysterious name of Jesus, obtain for us that the merits of this precious Blood may be applied to our souls, and that the divine name of Jesus may be engraved forever in our hearts.

Our Father, Hail Mary, and Glory Be...

(Ends like the first day)

Presider

4. St. Joseph, by the SORROW when the Lord declared that the soul of Mary would be pierced with a sword of sorrow, and by your JOY when holy Simeon added that the divine infant was to be the resurrection of many, obtain for us the grace to have compassion on the sorrows of Mary, and share in the salvation which Jesus brought to the earth.

Our Father, Hail Mary, and Glory Be...

(Ends like the first day)

Presider

5. St. Joseph, by thy SORROW when told to fly into Egypt, and by your JOY in seeing the idols overthrown at the arrival of the living God, grant that no idol of earthly affection may any longer occupy our hearts, but being like you entirely devoted to the service of Jesus and Mary, we may live and happily die for them alone.

Our Father, Hail Mary, and Glory Be...

(Ends like the first day)

Presider

6. St. Joseph, by the SORROW of your heart caused by the fear of the tyrant Archelaus and by the JOY in sharing the company of Jesus and Mary at Nazareth, obtain for us, that disengaged from all fear, we may enjoy the peace of a good conscience and may live in security, in union with Jesus and Mary,

FATHER YERMO

NOVENA TO SAINT JOSÉ MARIA DE YERMO Y PARRES

Opening prayer for each day

All

Lord our God, you have deigned to add your faithful servant José María de Yermo to the number of the saints. We beseech you that we, led by his words and examples may find in our life the path of your divine will and embrace it unconditionally for your greater glory and the good of all our brothers and sisters. Amen.

DAY 1: Love and reparation to the Sacred Heart of Jesus

Presider

Father Yermo had a great and ardent devotion to the Sacred Heart of Jesus to the point of binding himself, by vow, to propagate love and worship to the Sacred Heart everywhere.

These are some of his thoughts on this devotion.

“A devotee to the Sacred Heart is he who insists on imitating the spirit of Christ in his feelings, thoughts, words, and actions, in Jesus’ love for his heavenly Father and all people, and also in His sorrowful reparation.

I want to suffer and suffer much in reparation for my sins and those of my brothers and sisters, and I venture to tell you, Lord, that I want to suffer with you and for you as true friends suffer together.

I unload all my fears and sorrows unto your most Sacred Heart. There I place all my eagerness, hopes, and all my love. I feel at ease because I know well that all my being is in your hands.”

(Reflection and petition in silence)

V. Saint José María de Yermo, servant of God and father of the poor.

R. Pray for us.

experiencing the effect of your salutary assistance at the hour of our death.

Our Father, Hail Mary, and Glory Be...

(Ends like the first day)

Presider

7. St. Joseph, by the bitter SORROW with which the loss of the child Jesus crushed your heart, and by the holy JOY which inundated your soul in recovering your treasure on entering the temple, we supplicate you not to permit us to lose our Savior Jesus by sin. Yet, should this misfortune befall us, grant that we may share your eagerness in seeking Him, and obtain for us the grace to find him again, ready to show us his great mercy, especially at the hour of death; so that we may pass from this life to enjoy his presence in heaven, there to sing with you his divine mercies forever.

Our Father, Hail Mary, and Glory Be...

(Ends like the first day)

PRAYER TO ASK FOR THE INTERCESSION OF SAINT JOSEPH

We pray, Lord, that the merits of Saint Joseph, spouse of your Blessed Mother, may help us so that what, by our own efforts, we cannot attain may be granted through his intercession. Amen.

LITANIES TO SAINT JOSEPH

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Cristo, graciously hear us.

God, the Father of heaven,
 have mercy on us.
God, the Son, Redeemer of the world,
God, the Holy Spirit,
Holy Trinity, one God,
Holy Mary,
 pray for us.

Saint Joseph
Renowned offspring of David,
Light of Patriarchs,
Spouse of the Mother of God,
Guardian of the Redeemer,
Chaste guardian of the Virgin,
Foster father of the Son of God,
Diligent protector of Christ,
Servant of Christ,
Minister of Salvation,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most strong,
Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Love of poverty,
Model of workers,
Glory of family life,
Guardian of virgins,
Pillar of families,
Support in difficulties,
Solace of the wretched,
Hope of the sick,
Patron of exiles,
Patron of the afflicted,
Patron of the poor,



**TO SERVE YOU, LORD, ALWAYS
AND AT EVERY HOUR,
WITHOUT INTERRUPTIONS AND
IN ALL CIRCUMSTANCES**

Patron of the dying,
Terror of demons,
Protector of the Holy Church,
Lamb of God, who takes away the sins of the world,
spare us , O Jesus.
Lamb of God, who takes away the sins of the world,
graciously hear us, O Jesus.
Lamb of God, who takes away the sins of the world,
have mercy on us, O Jesus.

V. He made him the lord of his household,

R. And prince over all his possessions.

LET US PRAY

O God, in your ineffable providence you were pleased to choose Blessed Joseph to be the spouse of our most holy Mother; grant, we beg you, that we may be worthy to have him for our intercesor in heaven whom on earth we venerate as our Protector: You who live and reign forever and ever. Amen.